



# TAVOLA TOURS

*Culinary & Cultural Adventures to Italy*

**TAVOLA TOURS presents The Best of The Italian Riviera!**

**Destination: Liguria Region of ITALY**

**Depart: USA on September 19<sup>th</sup>, 2025 | Return to USA on September 27<sup>th</sup>, 2025**

**Cinque Terre – Genoa – Portofino – Sestri Levante – Santa Margherita**

**\$3,975.00 per person**



- Hands-On Cooking Classes
- Local Food Specialties
- Wine Tastings
- Beautiful Sightseeing Tours
- Ligurian Art
- Olive Oil & Fun Pizza Experience
- Great Shopping
- And Much More!

## **Explore The Italian Riviera!**

Delight your senses on this special culinary and cultural journey to what is considered to be **Italy's Riviera**. Savor the famous foods and wines of the region as you learn from local artisans. This is the land of "**Dolce far Niente**" the sweetness of doing nothing! Let yourself be enchanted by one of the world's most picturesque landscapes, rising from the high mountains and descending to the blue **Mediterranean Sea**.





## ITALY: LIGURIA & ITALIAN RIVIERA TOUR

### DAY TO DAY ITINERARY

September 20<sup>th</sup> – 27<sup>th</sup>, 2025

**IMPORTANT:** Departure should be scheduled for September. 19<sup>th</sup> in order to arrive on the 20<sup>th</sup>

#### Day 1: Arrive in Genoa & Transfer

Meet your bus driver in the arrivals hall for the transfer to your 4-star hotel **Vis-à-Vis** in **Sestri Levante**. It is a beautiful coastal town strategically positioned between the Cinque Terre and Portofino and still a hidden treasure. Tonight indulge in a **beverage and traditional Ligurian appetizers**. This beloved Italian tradition of combining an evening drink with dinner is known as "**Apericena**". Immerse yourself in the relaxing ambiance and prepare for a delightful stay, in Liguria.



DINNER

#### Day 2: Sestri Levante Culinary Tour | Olive Oil Making | Pizza Party

Start your morning with breakfast, followed by **free time to relax or venture out at your leisure**. In the afternoon your guide will meet you at the hotel for a captivating **food tour around the coastal town of Sestri Levante**. You'll have the chance to sample a variety of delicacies. The culinary journey includes a visit to an **olive oil production site with a rich 150-year-old legacy**. Here you'll have the pleasure of tasting "Extra Virgin" olive oil. No authentic Italian food experience is complete without tasting gelato. This isn't just any gelato—it is renowned as the finest in town and a culinary masterpiece. Dinner will be a **fun pizza experience**. This isn't any pizza dinner; you'll have the opportunity to savor multiple types of pizza, each more delightful than the last. Prepare for a surprise and complete satisfaction on this **gastronomic voyage today**.



BREAKFAST  
TASTINGS  
DINNER

#### Day 3: The Grandeur of Genoa – La Superba!

Today is dedicated to **Genoa, the 2004 European Capital of Culture** possessing one of Europe's largest historical centers. "**La Superba**" ("The Proud"), such as Genoa is affectionately called by Italians. It is a **UNESCO World Heritage Site**. During the guided tour you will walk past the **birthplace of Christopher Columbus** along the old alleyways and visit the traditional "botteghe", the typical old arts & crafts shops. Our tour continues with visiting remarkable cultural treasures such as **Palazzo Ducale** and the **magnificent San Lorenzo Cathedral**, Genoa's largest and most sacred place of worship testifying over **500 years of religious heritage**. The walk continues to the "**Porto Antico**" - the Old Port Area of Genoa was redeveloped in 1992 by the renowned architect Renzo Piano for the Quincentennial Columbus Celebrations. Here you will enjoy lunch in a food market offering **high quality Italian foods**. (continued below)



BREAKFAST  
LUNCH



## ITALY: LIGURIA & ITALIAN RIVIERA TOUR *(continued)*

### Day 3: The Grandeur of Genoa – La Superba!

After enjoying your midday meal make sure to stroll around the food market, where you'll find a selection of tantalizing Ligurian products. In the afternoon you will return to Sestri Levante. The evening is free and you can enjoy dinner in the hotel or at a bar or trattoria nearby.



BREAKFAST  
LUNCH

### Day 4: Chic Portofino | Rapallo | Santa Margherita

After breakfast you will visit the coastal town of **Rapallo** situated on the **Italian Riviera**. Rapallo is a charming seaside town that effortlessly combines its rich history (**Treaty of Rapallo 1920**) with contemporary appeal. Renowned for its harbor, ancient castles, and lively waterfront this hidden treasure provides awe-inspiring vistas of the **Ligurian Sea**. From there, you will have a boat ride to the fashionable **Portofino which lies deep in a cove**. It is world-famous for its small and picturesque harbor. On the one hand, it's a sophisticated place where "**high society**" from **all over the world meets** and on the other a fascinating fishing village that enchants guests with its charm. Then you'll head by boat to **Santa Margherita** located on the bay of the **Gulf of Tigullio**. Here you will find romantic spots and unforgettable cultural offerings. It's also the best place to enjoy some free time to indulge in shopping. Return to the hotel and freshen up. Tonight you'll get to savor the famous **Focaccia di Formaggio**" a special and rare treat only found in Italy's Liguria region. **Note:** Transportation to Rapallo and from Santa Margherita is by train. Rapallo to Portofino and from Portofino back to Santa Margherita is by ferry boat.



BREAKFAST  
DINNER

### Day 5: Ligurian Mosaic Art | Charms of Sestri Levante

After breakfast, you will learn about the **Ligurian Craft of "Risseu"** mosaic art. We kick off the day with the renowned mosaics found in the area. Next, you'll get to try your hand at an exercise by crafting your mosaic right on the beach where you find the stones used for creating the artwork. This hands-on experience lets you connect firsthand with an **ancient artistic custom**. Enjoy your free time at lunch. You can explore the charms of **Sestri Levante**, have a cappuccino at a café, or unwind by the beach. Tonight, indulge in the tastes of Liguria by having **dinner at a classic trattoria**. Delight in specialties such as freshly crafted pasta, or the catch of the day. End on a sweet note with a timeless dessert, like **tiramisu or panna cotta**.



BREAKFAST  
DINNER

**Note:** Transportation to the mosaic experience is by minibus.



## ITALY: LIGURIA & ITALIAN RIVIERA TOUR *(continued)*

### Day 6: Hidden Gem of Sarzana | Ligurian Cooking Class

After breakfast, you will visit Sarzana, a town known for its deep-rooted history and cultural significance. Among its attractions is the imposing **Fortress Firmafede**, a grand edifice constructed in the **15th century** under the patronage of **Lorenzo de' Medici**. This fortress stands as a symbol of the town's relevance during the Renaissance era. Visitors have the opportunity to wander through its preserved walls, towers, and subterranean passages providing a window into bygone days. Additionally, the fortress serves as a venue for cultural happenings, exhibitions, and historical enactments, throughout the year. Sarzana also features markets, charming cafes, and lovely squares that embody the essence of Italian allure. You will have free time for lunch. Tonight you'll experience a delightful **pesto cooking class in a charming little square**. You'll get your mortar and all the fresh ingredients to make your **traditional Genoese pesto**. With the help of a local chef, you'll master the time-honored techniques of preparing this renowned basil sauce. After, you will indulge in a meal, with "**trofie al pesto**" a classic Ligurian pasta dish paired with your handmade pesto sauce. This interactive culinary adventure not only teaches you how to make pesto but also lets you dive into the **rich culture and flavors of Liguria**. **Note:** Transportation to Sarzana and back to Sestri Levante is by train.



BREAKFAST  
DINNER

### Day 7: Cinque Terre by Boat | Special Winery Farewell Dinner

**SAIL away to the "Cinque Terre"**, one of the most spectacular regions of Italy and today a **UNESCO World Heritage Site**. This region is made up of five distinct breathtaking sea villages. You will take a train ride to **Riomaggiore**, the first of the world-famous seatowns located along the rocky coastline. From Riomaggiore you can walk along the famous "**Via dell'Amore**" (The Path of Love) to **Manarola**, the next village, whose romantic houses are perched on the steep rock face lining the sea. Additionally, the tour will include **Castello di Riomaggiore**, for a cultural exploration. You continue your journey to **Vernazza** the most beautiful village in the Cinque Terre. Here you will have free time for lunch. Then we continue the journey by train to **Monterosso al Mare** the largest of the five villages. A farewell dinner will be at a boutique winery. Experience a wine tasting showcasing Ligurian wines. The event includes a guided tour of the winery. In an authentic warm atmosphere, this intimate gathering **ensures a memorable end to your adventures, in Liguria and the Italian Riviera.**



BREAKFAST  
DINNER



## ITALY: LIGURIA & ITALIAN RIVIERA TOUR (buon viaggio)

### Day 8: Departure / Transfer Genoa Airport

Airport transfer for the group to Genoa's Airport for your flight home to USA.

**Arrivederci!**  **Note:** Arrive home same day.

